

SIDelines

Sailing in Dublin Club Newsletter

ISSUE # 14 / MAY 2025



MESSAGE FROM THE CHAIRPERSON

As we head into the cruising season unfortunately the weather is not playing ball with us and Silver Wind is, as I write this, marooned in Kilmore Quay awaiting a weather window to make it to the Scilly Isles or head straight to France. So fingers crossed the delays can be minimal. The one upside is that the majority of the delivery crew are staying on for the first week in France. (Silver Wind has since made it to France safely)

We have over the last number of weeks been testing out Spiral Moon and on Sunday the 25th of May we travelled up from Greystones in wind gusts of greater than 30 knots with little difficulty. So, for trips further afield we should be able to contend with weather issues a little better, and certainly being boat bound in foul weather will be a lot more comfortable.

We will over June and July be hosting a number of groups with disabilities to give them the opportunity to experience being on the water in a sailing yacht, we will be using Spiral Moon for these sessions. We have done this type of thing in the past and have received support funding from Irish Sailing for holding such events. So, we will look for assistance from you the membership once we nail down the dates.

Keep an eye out for sailing, racing, & maintenance opportunities over the summer to enhance your skills in handling and maintaining our fleet of boats.

Dermot Avery
~ Club Chairperson



DINGHY SAILING AT SID

We have a fleet of club dinghies in the Coal Harbour ready and waiting for club members to enjoy! The sessions run in the same way as the keelboat side with Captains and VC's organising and managing the sessions, and crew joining. These sessions encompass a number of elements - rigging, boat handling skills, spinnaker work and racing skills to name but a few.

Dinghy sailing is great for increasing fitness, as typically there is more physicality involved. So, put that gym membership on hold for the summer, and get out dinghy sailing! SID has three different types of dinghies that cater and allow for all levels of experience so there is something for everyone. Dinghy sailing is also beneficial for improving wind awareness and sail tuning skills, as smaller adjustments on dinghies create bigger differences and effects.

We have a fleet of three Fireballs in SID - these boats are high performance racing dinghies, and sailors have an opportunity to fine tune these boats in a number of ways to get optimum speed, as well as an option to go out on the trapeze. SID members have enjoyed a number of coaching sessions recently with [Frank Miller from the Irish Fireball Association](#) to learn how to improve boat handling, get the best use of boat adjustments, as well as race training practice with race courses laid. There are further coaching and regular club sessions planned, so get involved, and see what the dinghy side of the club has to offer you!

Wetsuits and bouyancy aids are available to borrow from the SID clubhouse if you don't have your own.
[Book](#) your sailing session place online on the club website in the normal way.



CRUISING

I hope all the cruisers are excited to join with Silver Wind (and likely Spiral Moon) over the cruising season which has just kicked off. Keep us in the loop with some photos to the club WhatsApp group, the crack will be what you make it regardless of what the weather throws at us!

Please mind the boat like it's yours (because actually it is partly yours), and hand over the boat cleaner than you found it! Remember to transfer your cruising fees before you head off (£25/night with the first night free).

Here's a packing checklist for anyone new to the cruising scene (and don't forget to put your sailing knife in your hold luggage!)

Sail boots/runners

Oilies (jacket and trousers for the Atlantic)

Sailing gloves

Cap / sunhat / warm hat / snood

Socket adapter

Arnica cream / sun cream / SPF for lips

Citronella

Sailing head torch

Recharging cables

Knife

Length lashing

Sunglasses / prescription glasses

Flip flops

Pegs

Water bottle / flask for underway

Small dry bag / string bag / small rucksack

Togs

Pack towel & shower towel

Sleeping bag

Many light sports layers, incl long sleeves / shorts & / or zip offs, plus a heavy jumper / fleece

Optional:

Personal insurance

Log book

Seasickness tablets (e.g. dramamine)

Personal meds

Sheet bag

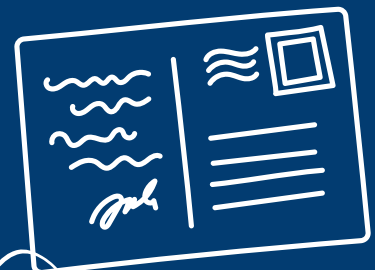
Battery pack

Ski / wind goggles

Fair winds on all cruising weeks,

Sonja Masterson

~ Cruising Officer



OTHER CLUB NEWS

Annual Howth Yacht Club Lambay Race

Well done and thank you to all our members who both delivered Ruff Diamond to and from Dun Laoghaire, and raced on Saturday, in what was a good race, but in very challenging weather conditions. Despite the bad weather, the event was very much enjoyed by all, with everyone already looking forward to next year! Check out the great photos of RD below that were captured over the weekend!

Spiral Moon

If you haven't been out yet on the club's new keelboat, what are you waiting for? There are a number of sessions upcoming, so get signed up and enjoy what she has to offer!

Racing

There are a number of racing events upcoming that SID are taking part in, including the Volvo Regatta in July - see club emails for more information. DBSC dinghy and keelboat racing also continues until September - it's not too late to get involved, if you are interested contact Dinghy Officer Paul ter Horst or Ruffian Officer Eimear Ní Mhéalóid.

Pieta House Darkness into Light

Well done to all the crew who got up before sunrise and took Silver Wind out onto the bay to participate in this annual event. €320 raised!

PHOTO GALLERY



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RUFF DIAMOND RACING IN THE HOWTH YC LAMBAY RACE
SATURDAY 31 MAY 2025