

# SIDelines

## Sailing in Dublin Club Newsletter

ISSUE # 15 / JUNE 2025



### HALF WAY THROUGH 2025!

The summer is shaping up nicely... great racing, sailing and dare I say... great weather!

As always, we have plenty going on in the club, and the SID cruising season is currently in full swing.

From 10 - 13 July, the **Volvo Dun Laoghaire Regatta** will be taking place. For those that aren't familiar, this is a large regatta that takes place every two years. All four waterfront clubs in Dun Laoghaire get involved, and there will be a prizegiving event rotating the waterfront clubs at 7pm on each of the four evenings, along with social elements each day with music, food, drinks promotions etc. Traditionally the clubs are open to all sailors for the duration of the regatta, so don't be shy, do the famous VDLR 'club crawl' and check out all the clubs while the regatta is on! Join the **SID VDLR temporary WhatsApp group in the SID community** to keep up to date with regatta action - all members are welcome to join. [Click here!](#)

Fishing season is also back with us - Cpt Birds Eye aka Cearbhall Daly, took a crew of pro and aspiring fish seekers out on bay at the end of June, and in style too - Spiral Moon was the vessel of choice for the day! A terrific day was had by all, plenty of fish caught, and the SM galley got its first testing where the fresh fish was cooked and enjoyed by all! Join the SID Anglers WhatsApp group in the SID community if you want to get on board for future fishing days!



Our club Ruffian **Ruff Diamond** is also still racing - on Tuesdays it's white sails, so for the more novice racers, Thursdays and Saturdays are for the more experienced. It's great fun out there, and back to the DMYC for an après sail burger and for chats and the lowdown on the racing with the rest of the Ruffian sailors in the fleet! If you are interested - please add yourself on board on the race nights and pay the small fee. Eimear Ní Mhéalóid is our club Ruffian Officer, so get in touch if you have any questions.

Our club Fireball fleet also get out racing, and run coaching sessions internally and externally to keep it interesting. Last weekend our Fireballers enjoyed a coaching weekend with two visiting coaches putting the sailors through their paces with race training, sail trimming, boat handling, and race tactics to name but a few.

We will have our annual SID BBQ upcoming before the summer is out. Still working on the final details, so watch this space. But get to the VDLR offerings this week in the meantime, to whet the BBQ appetites!

Wishing you all fair winds and calm seas until the next edition,

Ally Orr  
~ Social and PR Officer



# SID INCLUSION SAILS

## Inclusion Sails...

What are they? You will have seen sailing sessions set up on the website for Spiral Moon entitled "Inclusion Sails", so what are these sessions?

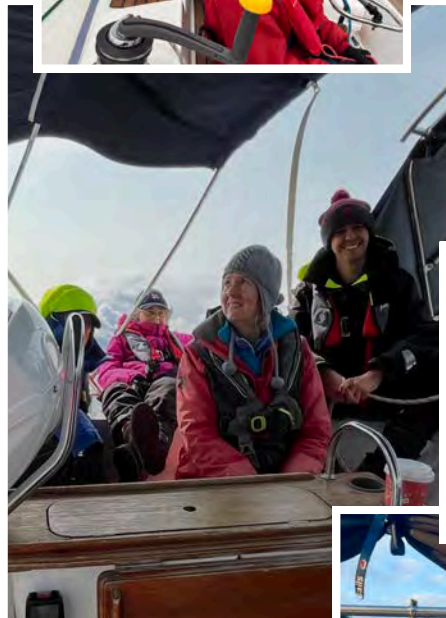
In conjunction with Irish Sailing, clubs around the country by agreement, host sessions for groups that otherwise do not or cannot get the opportunity to experience being on the water. These sessions are not all sailing, and may include powerboating, kayaking, paddle boarding, rowing etc, all depending on the core activity of the club involved. To date SID have hosted sessions for the **Special Olympics**, **Ski Ireland** and **St Michael's House**, and in July we will do two more sessions, one from **St John of Gods** and a group arranged through **DLRCC** for parents and teenagers.

For those from SID taking part in assisting in the sessions it is an experience to see the reactions of the people involved, and as a community based club this type of outreach is important for raising our profile in the sailing community.

Thank you to all those that have enabled these sessions to go ahead.

Dermot Avery  
~ Club Chairperson

## PHOTO GALLERY



[WWW.SAILINGINDUBLIN.IE](http://WWW.SAILINGINDUBLIN.IE)



## 24 HOURS IN WICKLOW

In advance of next month's cruise week #10 in West Cork on Spiral Moon I tried to get my crew together for a one night meetup last Saturday. Having rounded up only half of them (Paul & Ruth) we were joined by Wyn and Loraine. As we were leaving we discovered another Paul wandering aimlessly around the marina in need of a sailing fix so we brought him along too.

Casting off at 5pm in a gentle NW breeze we were tied up on Wicklow pier for the night at 10pm.

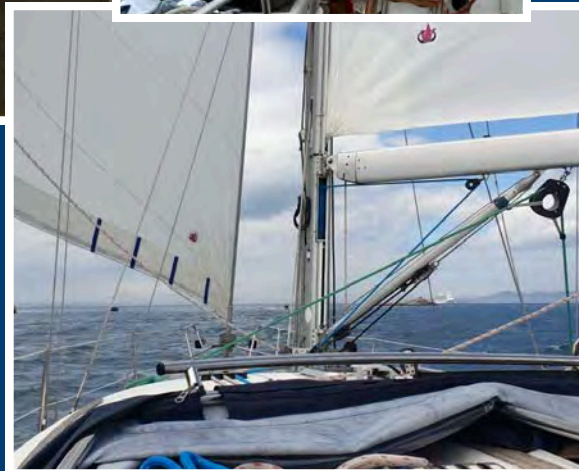
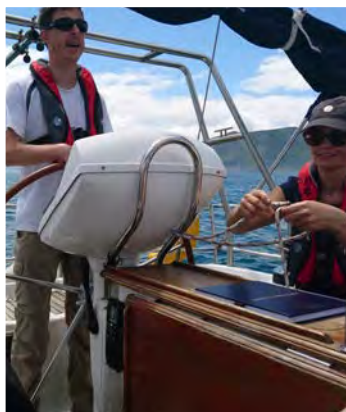
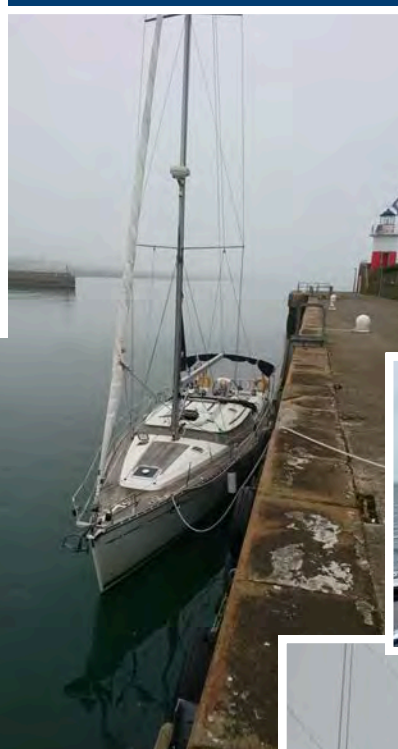
Next morning was a bit grey as we set off, but we were soon in fine sunshine and called into Greystones for second breakfast in the Happy Pear. Refreshed we continued with a nice SW following breeze and then pulled into Sandycove to test the anchor and the swim ladder on Spiral Moon.

We were back on the marina for 5pm, exactly 24 hours after leaving although it felt like we'd been away for a full weekend!

Thanks to all the crew for a great trip.

Cearbhall Daly  
~ Club Captain

## SNAPPED IN WICKLOW!



[WWW.SAILINGINDUBLIN.IE](http://WWW.SAILINGINDUBLIN.IE)

## CRUISING

The cruising season is well and truly underway! Hope that all are enjoying the SID cruising weeks aboard Silver Wind!

There are some places still available, namely on weeks commencing 12 and 19 July and also the final week of the season. Please get in touch if you are interested in taking one of the places. €25 per night and the first night is free, plus your share towards provisions and fuel etc.

Posting the below again, as it a useful checklist, particularly for those new to cruising...

### PACKING CHECKLIST FOR CRUISERS:

- Sail boots/runners
- Oilies (jacket and trousers for the Atlantic)
- Sailing gloves
- Cap / sunhat / warm hat / snood
- Socket adapter
- Arnica cream / sun cream / SPF for lips
- Citronella
- Sailing head torch
- Recharging cables
- Knife
- Length lashing
- Sunglasses / prescription glasses
- Flip flops
- Pegs
- Water bottle / flask for underway
- Small dry bag / string bag / small rucksack
- Togs
- Pack towel & shower towel
- Sleeping bag
- Many light sports layers, incl long sleeves / shorts & / or zip offs, plus a heavy jumper / fleece

Optional:

- Personal insurance
- Log book
- Seasickness tablets (e.g. dramamine)
- Personal meds
- Sheet bag
- Battery pack
- Ski / wind goggles

Fair winds on all cruising weeks,

Sonja Masterson  
~ Cruising Officer

